





Week beginning - Oct 31st, Nov 21st, Dec 12th

classic

EDNESDAY ruesday Halian

Spaghetti **Bolognese** Italian classic beef bolognese served with spaghetti

Veggie Bolognese Veggie Mince in a fresh tomato sauce with spaghetti

Cheese & Tomato Quiche with mashed potatoes

Roast Turkey

with mashed

potatoes & gravy

THURSDAY AROUND THE

Chicken Tikka Masala Mild flavoursome curry with wholegrain rice

Sweet Potato &

Chickpea Curry

Mild vegetarian curry

with wholegrain rice



Fish Fingers Golden breaded fish fingers with chips & peas

Plant Based Sausage Roll with chips and peas

Fresh Pasta and Tomato Sauce available every day

Filled Jackets and freshly made sandwiches and baguettes are also available

Apple Sponge Cake A rice crispie school served with custard

Fruit Flapjack Traditional flapjack with raisins

Vanilla Cookie The best vanilla cookies around

Jelly & Fruit Orange flavoured jelly served with fruit slices

Fresh Bread, Yoghurt and Fruit are available daily All meals come with a choice of two vegetables







		MONDAY Comfort	TUESDAY	WEDNESDAY Roasts	THURSDAY	FRIDAY	
	DINE Main Meal	Bangers & Mash Sausages and creamy mashed potato served gravy	Creamy Chicken Wholegrain Pasta Bake Creamy & cheesy chicken pasta	Roast Chicken & Stuffing with crispy roasties, & gravy	Homemade Beef Burger In a floured bap, served with wedges	Salmon or Pollock Fish Fingers Golden breaded fish fingers with chips	
	DINE Vegetarian	Shepherdess Pie A vegan mince and lentil filling with a crispy mashed potato topping	Macaroni Cheese Macaroni served in a creamy sauce topped with cheese	Winter Casserole with Herby Dumplings with crispy roasties, & gravy	Veggie Hot Dog Quorn sausage in a floured hot dog roll served with wedges	Cheesy Bean Wrap Cheese & baked beans baked in a soft flour tortilla with chips	
Fresh Pasta and Tomato Sauce available every day Filled Jackets and freshly made sandwiches and baguettes are also available							
	Sweet Options	Chocolate Oat Crunch Chocolate oat cake topped with chocolate icing	Apple Crumble Served with custard	Carrot Cake A moist cake made with carrots and spices	Lemon Cookie The best lemon cookies around	Jelly & Fruit Orange Flavoured jelly served with fruit slices	
/eek beginning - Nov 7th, Nov 3th		Fresh Bread, Yog All meals come v	Miqui				

Week be 28th



	MONDAY Competition	TUESDAY	WEDNESDAY Roasts	THURSDAY AROUND THE World	FRIDAY				
DINE Main Meal	All Day Breakfast Sausage, egg, tomato, hash brown & baked beans	Homemade BBQ Chicken Pizza Homemade base, bbq sauce topped with chicken & cheese served with wedges	Roast Gammon with mashed potatoes & gravy	Chilli Con Carne Mild beef chilli served with wholegrain rice	Fish Fingers Golden breaded fish fingers with chips				
DINE	Veggie All Day	Homemade Veggie	Cheese & Potato	Veggie Bean	Super Veggie				
	Breakfast	Supreme Pizza	Pie	Burrito					
Vegetarian	Veggie sausage,	Homemade base &		Roasted veg, beans,	Burger Homemade burger in				
	egg, tomato, hash brown & baked beans	sauce topped with veggies & cheese, served with wedges	Puff pastry topped pie with mashed potatoes & gravy	rice & cheese rolled in a soft flour tortilla, served with rice	a floured bap served with chips				
	Fresh Pasta and Tomato Sauce available every day								
(I and a contraction and a con	Filled Jackets and freshly made sandwiches and baguettes are also available								
STOP	Chocolate &	Golden Syrup	Traditional	Oat Cookie &	Jelly & Fruit				
Sweet Options	Beetroot Brownie	Sponge	Vanilla	Fruit Slices	Orange Flavoured				
	Rich & sticky choc	Served with custard	Shortbread Biscuits	The Best Oat	Jelly served with fruit				
	brownie			Cookies around	slices				
- Nov 14th, Dec		oghurt and Fruit are							



5th

Week beginning - Nov 14

All meals come with a choice of two vegetables